

THE DOMINANT MUSCLE BUILDER

WHY USE BRANCHED CHAIN AMINO ACIDS (BCAA)? – Supplementation is crucial for athletes seeking to build muscle. BCAA are the primary building blocks for muscle growth, muscle protein synthesis, and lean muscle tissue and/or mass. Unlike other non-essential amino acids, BCAA amino acids – leucine, valine and isoleucine – cannot be produced by the body, so they must be provided through diet or supplementation.

WHY USE ALLMAX AMINOCORE? – Not all BCAAs are created equal. AMINOCORE delivers 8.18 g of BCAA in a 9:6:5 clinically proven ratio to provide a 350% increase in activation of muscle growth signals. With the use of pure, free-form source of BCAA, AMINOCORE has no added fillers or non-BCAA aminos. AMINOCORE's 9:6:5 BCAAs are purified and tested prior to flavouring so they do not contain impurities resulting in cloudiness, oil foam, sediment, or the worst – a hard bitter taste! AMINOCORE is clean, pure, and the best-tasting BCAA supplement money can buy!

INTELLIGENT DIET SUPPORT – AMINOCORE feeds your muscles during diet and exercise to increase muscle protein synthesis, whether you want to build more muscle or simply maintain it, as it helps alleviate the effects of muscle loss. Additional B-Vitamins further assists in maintaining the metabolic power.

THE SCIENCE OF MUSCLE GROWTH – AMINOCORE 9:6:5 BCAA ratio is clinically proven to increase the activation of muscle growth signals. Scientific studies have identified mTor-p70S6K as the trigger directly responsible for extreme muscle growth. Supplementing with BCAA has been shown to activate increased mTor-p70S6K cellular signaling responsible for muscle growth. The result: you build and retain more hard earned lean muscle and maintain a higher metabolism.\*

CLEAN  
FOR ATHLETES  
BANNED SUBSTANCE TESTED

CLEAN FOR ATHLETES. BANNED SUBSTANCE TESTED. This product has been skip-lot tested for banned substances for the assurance of athletes and supplement users under the **Informed Choice** program. For further information about the testing process and test results, please visit [www.CleanForAthletes.com](http://www.CleanForAthletes.com).

INFORMED  
CHOICE  
REGULARLY  
TESTED FOR  
BANNED  
SUBSTANCES

CGMP  
REGISTERED FACILITY  
INSTALLATION ENREGISTRÉE (CFP)


LAB  
TESTED  
EVERY LOT  
CHAQUE LOT

SOY  
FREE  
SANS  
SOJA

GLUTEN  
FREE  
TESTÉ

Product of USA with domestic and imported materials / Produit des États-Unis avec des matériaux nationaux et importés

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‡ Combined with intense resistance training, research has shown that 8,180 mg of BCAA in a 9:6:5 ratio increase signaling within muscle cells to upregulate protein synthesis (growth) by 350%. Research conducted at the Nobel Prize winning Karolinska Institute in Stockholm, Sweden. Journal reference: Karlsson et. al. Am J Physiol Endocrinol Metab 287: E1–E7, 2004.

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SERV

ALLMAX®

CLEAN  
FOR ATHLETES  
BANNED SUBSTANCE TESTED

AMINOCORE®  
BCAA

8G  
BCAA

0G  
SUGAR

0G  
CARBS

DYE FREE

Net Wt / Poids 345 g (0.76 lbs) NPN 80082458 SWEET TEA

DIRECTIONS: To activate protein synthesis and increase muscle recovery, take one scoop of AMINOCORE® during weight training or any athletic event. On non-training days, AMINOCORE® can be taken anytime on an empty stomach. Mix one scoop (11.5 g) into a 500 ml (approx. 17 oz) bottle of water or a tall glass of water (2 cups). Shake or stir well.

MODE D'EMPLOI : Pour activer la synthèse protéinique et accroître la récupération musculaire, prendre 1 mesure d'AMINOCORE™ pendant votre entraînement musculaire ou une activité sportive. Les jours de repos, AMINOCORE™ peut être pris à tout moment l'estomac vide. Mélanger 1 mesure (11.5 g) dans une bouteille d'eau de 500 ml (à peu près 17 oz) ou un grand verre d'eau (2 tasses). Agiter ou bien mélanger.

Medicinal Ingredients / Ingrédients médicinaux			
Serving Size / Portion: (1 scoop / 1 mesure)		11.5 g	
Servings Per Container / Portions par contenant:		30*	
Amount Per Serving / Teneur par portion		% DV/VQ**	
Total Carbohydrate / Glucides totaux		0 g	0%
Sugars / Sucres		0 g	†
Niacin / Niacine		20 mg	125%
Vitamin(e) B6 (as / par Pyridoxine HCl & Pyridoxal-5'-Phosphate [P5P])		2 mg	118%
Folate (as Folic Acid / par acide folique & Calcium 5-Methyltetrahydrofolate / 5-Méthyltétrahydrofolate de calcium)		400 mcg	167%
Vitamin(e) B12 (as / par Methylcobalamin)		6 mcg	250%
AMINOCORE® BCAAs [9:6:5]		8,180 mg	†
L-LEUCINE [45%]		3,681 mg	
L-VALINE [30%]		2,454 mg	
L-ISOLEUCINE [25%]		2,045 mg	
** Percent Daily Values (DV) are based on a 2,000 calorie diet / Pourcentage de la valeur quotidiennes (VQ) selon un régime alimentaire de 2 000 calories			
† Daily Values not established / Valeurs quotidiennes non établie			

NON-MEDICINAL INGREDIENTS: Citric Acid, Natural Flavors, Sucralose, Lecithin (Sunflower), Calcium Silicate.  
INGRÉDIENTS NON-MÉDICINAUX: Acide citrique, saveurs naturels, sucralose, lécithine (tournesol), silicate de calcium.

WARNINGS: For adult use only. Ensure to drink enough fluid before, during and after exercise. Do not take if you have pre-existing medical conditions. Consult a healthcare practitioner prior to use if you are pregnant or breastfeeding. Those sensitive to mace may experience flushing of the skin that is generally mild and transient. Discontinue use and contact your healthcare practitioner if you experience adverse reaction. Consult a healthcare practitioner prior to use if you have liver or kidney disease, or if you have been instructed to follow a low protein diet. Store in a cool, dry place away from direct sunlight. Do not use if inner seal is broken. / AVERTISSEMENTS: Pour usage adulte seulement. Assurez-vous de boire suffisamment de liquide avant, pendant et après l'exercice. Ne pas prendre si vous avez des conditions médicales préexistantes. Consulter un professionnel de la santé avant d'en faire l'usage si vous êtes enceinte ou si vous allaitez. Les personnes sensibles à la mêche peuvent ressentir des rougeurs de la peau qui sont généralement légères et transitoires. Cesser l'utilisation et contacter votre professionnel de la santé si vous ressentez un effet indésirable. Consulter un professionnel de la santé avant d'en faire l'usage si vous souffrez d'une maladie du foie ou des reins, ou s'il vous a été demandé de suivre un régime pauvre en protéines. Conserver dans un endroit frais et sec à l'abri de la lumière directe du soleil. Ne pas utiliser si le sceau intérieur est brisé.

ALLERGEN WARNING: Produced in a facility that also handles Milk, Wheat, Egg, Peanut, Tree Nuts, Sesame, Fish, Crustacean and Shellfish products. / Allergènes avertissement: Produit dans une installation qui traite également des produits du lait, des œufs, du blé, du soja, des arachides, des noix, des fruits de mer, du poisson, des crustacés et des fruits de mer.

Natural Flavours / Saveurs Naturelles  
Sweetened with sucralose / Édoucore avec sucralose

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\*Due to natural variations in product density, resulting from settling and/or humidity, the values are approximate. Product is sold by weight.  
/En raison des variations naturelles dans la densité du produit, résultant de la sédimentation et/ou l'humidité, les valeurs sont approximatives. Le produit est vendu au poids.